

# HEALTHY HALLOWEEN RECIPES

## For You

Article by:

Gabriel Lee, nEbO member  
Temasek Polytechnic  
Marketing Intern @ NTUC Club

During Halloween, you usually get to enjoy all your favourite candies and snacks but did you know that there are ways to turn them into a healthier option where you won't feel too sinful when feasting on them?

Here are 5 creative ideas for Healthy Halloween recipes we recommend you should try:

### Jack O-Lantern Stuffed Peppers

These cute bell peppers are stuffed with fillings containing other vegetables such as broccoli, cucumber, tomatoes and more!

Definitely a healthier choice and a creative Halloween meal!



### Eyeball Pasta

Set the mood for Halloween by trying out this spooky dish! You can turn regular meatballs into eyeballs with some mozzarella and olives! A meal fit for the occasion.

Use wholegrain pasta as a healthier choice as it is packed with more nutrients.



### Mini Mummy Pizza

A delicious, savory and spooky dish with a simple recipe. These pizzas are easy to prepare, and are the perfect addition for Halloween!

A healthy, vegan recipe for you to enjoy this Halloween!



### Pumpkin Spice Muffins

Try out these tasty and sweet Pumpkin Muffins! With no added sugar, the dates used provide natural sweetness.

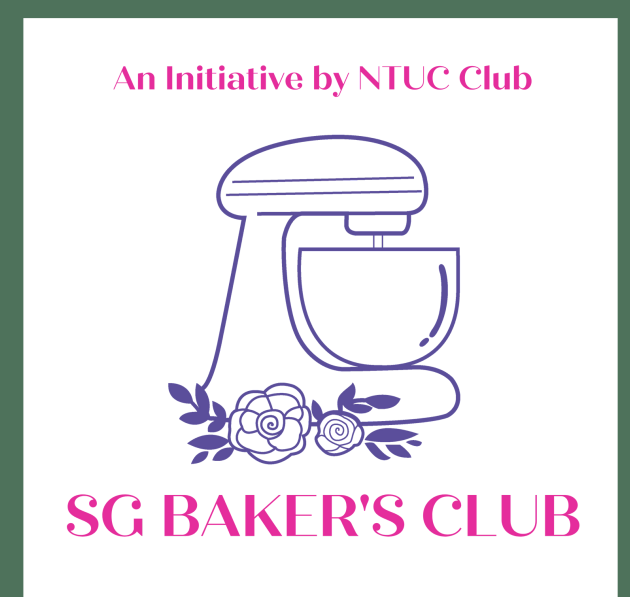
A quick healthy snack perfect for a Halloween party!



Are you keen on baking?

For more baking tips and recipes, check out SG Bakers Club to discover unique baking recipes!

Scan the QR Code to find out more:



Source: <https://bit.ly/3Dv4LMz>